

# Water Safety for Primary School Children



**Our specialist team of trainers have established a series of courses to suit the school environment and provide pupils with water safety skills. These short but potentially lifesaving courses offer communication skills, social interaction and personal safety awareness alongside confidence building with a humanitarian skill.**

## Three hour — Half Day Water Safety Awareness Course

Water safety signs  
The effects of cold water  
The water safety code  
Personal safety, what to do if you fall into water  
Communication and getting help  
Shout and signal—encouraging self help



## Five hour — One Day Water Safety Skills Course

Water safety signs  
The effects of cold water  
The water safety code  
Personal Safety, what to do if you fall into water  
Communication and getting help  
Shout and signal—encouraging self help  
Types of rescue aid and improvisation  
Reach and throw rescue skills  
Helping someone warm up as we wait for the emergency services



**Delivered effectively and safely in school by experienced trainers.**

**The children are clearly taught never to get into the water to help!**

**Every child receives a certificate of attendance.**

**Please contact us for more information**

**For more information contact:  
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